# Shrewsbury food service

BETH NICHOLS DIRECTOR OF FOOD SERVICES

## **Breakfast Program**

A Breakfast Program is offered daily at all schools before the school day begins. A variety of cereals, fruits, pastries, morning breads, yogurts, juice and milk are offered daily. All meals meet the USDA requirements for good nutrition. The cost of breakfast is \$1.25. Free and reduced price (\$.30) breakfasts are also available to families with financial need.

#### **School Breakfast Serving Times**

Beal:	8:45-9:15 a.m.
Coolidge:	8:15-8:30 a.m.
Floral Street:	8:45-9:15 a.m.
High School:	6:50-7:20 a.m.
Paton:	8:45-9:00 a.m.
Spring Street:	8:45-9:15 a.m.
Oak Middle School:	7:15-7:45 a.m.
Sherwood	
Middle School:	7:25-7:55 a.m.

#### **Lunch Program**

A Lunch Program is offered daily at the Elementary and Middle Schools. A minimum of two entrees is offered daily. In addition a variety of sandwiches, soups, milks, juices, fruits, vegetables, salad bars and breads are offered daily. All meals meet the USDA nutritional guidelines. The cost of lunch is \$2.00 at the elementary schools and \$2.25 at the middle school level. Free and reduced price (\$.40) lunches are also available to families with financial need.

A Lunch Program is offered daily at the High School. Three hot entrée choices are offered daily. In addition

Domino Pizza, a Salad Bar, a made to order Deli Bar and Grab and Go Salads and Sandwiches are offered daily. In addition a variety of sandwiches, soups, milks, juices, fruits, vegetables, and breads are offered daily. A Snack Bar is open during lunch hours offering Domino Pizza, sandwiches and a variety of a-la-carte items. All high school meals cost \$2.50. All meals meet the USDA nutritional guidelines. Free and reduced price (\$.40) lunches are also available to families with financial need.

#### **Free and Reduced Breakfast/Lunch Applications**

Free and reduced price meals are available to students if there is financial need. Applications will be sent home to all families in the fall. Applications must be submitted yearly in the fall. If you need an application at any time during the year call the Food Service Office at 508-841-8819 and one will be mailed to you. Forms are also available at each school's nurse's office. Eligibility is governed by guidelines set by the Department of Education. A written notification will be sent to all families stating what program they qualify for.

### Menus

The monthly menu is printed in the Chronicle. The menu is also posted on the Shrewsbury Home Page website at http://www.shrewsbury-ma.gov/ schools/index.asp. The Food Service Department is committed to serving what is on the printed menu.

#### **Prepaid Lunch Plan**

The Prepaid Lunch Plan is encour-

aged for the 2004-2005 school year. Meals at the Elementary Schools cost \$2.00. Books of 20 -\$2.00 lunch tickets can be purchased for \$40.00. Meals at the middle schools cost \$2.25 and books of 20 tickets can be purchased for \$45.00. The High School meals are \$2.50. Books of 20 -\$2.50 meals cost \$50.00. To purchase tickets send a self-addressed stamped envelope along with your check for the number of books requested to: Shrewsbury School Food Service, 64 Holden Street, Shrewsbury, MA. 01545. Tickets will be mailed back to you. Tickets are non-refundable.

Tickets may also be purchased at the School Department Office at the Town Hall. Tickets will be sold Monday- Friday from 8am-4: 15pm. Tickets must be purchased by the book. Checks will be the only type of payment acceptedno cash or credit cards.

## **Food Service Department**

Please contact the Food Service Department with any questions, suggestions, or ideas. The Food Service Department is located at Shrewsbury High School, 64 Holden Street, Shrewsbury, MA. 01545. The telephone number is 508 -841-8819. Each school site has a manager also available to speak with you. The numbers are as follows.

Beal School	841-8874
Coolidge School	841-8889
Floral Street School	841-8723
High School	841-8848
Sherwood MS	841-8681
Oak MS	841-1217
Paton School	841-8635
Spring Street School	841-8708

## 2004-2005 School Calendar

New teachers' orientation 8/26-27th Teachers return 8/30 Students return 8/31 Labor Day 9/6 Rosh Hashanah 9/16

AUGUST/SEPTEMBER 21						
M	T	W	T	F		
23	24	25	26	27		
30*	31	1	2	3		
6	7	8	9	10		
13	14	15	16	17		
20	21	22	23	24		
27	28	29	30			

Columbus Day 11th -no school **Professional** development day 12th -no school Parent conferences 27th -no school

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**Professional** development day 2nd Veteran's Day 11th no school Thanksgiving vacation 25-26th

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Christmas vacation 24-31th

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M.L. King Day 17th no school **Professional** development day 18th -no school

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31				

Winter vacation 21/28th

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**Parent** conferences 16th -no scbool Good Friday 25th -no school Professional development day 28th

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Spring vacation 18-22th

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17

Memorial Day 30th -no school

High School	M	T	W	T	
Graduation 2nd			1	{2}	
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	13	14	15	16	
	20	<del>21</del>	22	23	
				20	г

180th Day = June 21, 2005 5 Snow Days = June 28, 2005

27 <del>28</del> 29 30

## Middle school students shine

DR. STEPHEN LOBBAN OAK STREET MIDDLE SCHOOL PRINCIPAL

As the 2004-05 school year rapidly approaches, the Shrewsbury Public Schools will serve its grade 5-8 middle level students at the Sherwood (Grades 5/6) and the Oak (grades 7/8) Middle schools. The faculty, staff, students, parents and administration of the grades 6, 7, 8 Shrewsbury Middle School completed a self and external evaluation conducted by the New England League of Middle Schools. This work was undertaken to address two fundamental questions related to established best middle level practices: How good are we now? What do we need to do to improve?

The results of this evaluation were highlighted in the Spring 2004 issue of the Shrewsbury School Journal and appear in their entirety on our website at http://www.shrewsbury-ma.gov/ schools/Middle/msindex.asp. Best middle level practices are defined, in part, as those that produce the highest levels of student academic achievement.

In addition to the NELMS evaluation and annually reported MCAS scores that appear in the January 2004 issue of the Shrewsbury School Journal, two sources of data emerged during the course of the previous school year that address the questions "How good are we now?" and "What do we need to do to improve?" The two sources of data are the Massachusetts Just for the Kids (JFTK) School Reports (http://www.just 4kids.org) and the Johns Hopkins University Center for Talented Youth Program (http://www.jhu.edu).

The JFTK reports identify a school's MCAS performance by subject and grade and compare it with that of the highest performing schools in the state serving similar or more disadwere created to help educators, parents and community leaders:

➤ Identify each school's potential for improvement, or "Opportunity Gap," based on the performance of the highest performing comparable

➤ Raise expectations about what is possible for students:

➤ Identify consistently successful schools serving a variety of student populations and encourage the investigation of best practices in those

These reports yielded the following results for 2003:

## **Mathematics**

Shrewsbury 6th graders were ranked #1 when compared with 60 other "Top Comparable Schools" in the state.

Shrewsbury 8th graders were ranked #3 compared to 82 other "Top Comparable Schools" in the state.

### **Language Arts**

Shrewsbury 7th graders were ranked #1 when compared to 64 other "Top Comparable Schools" in the state.

#### **Science and Technology** /Engineering

Shrewsbury 8th graders were ranked #2 compared to 82 other "Top Comparable Schools" in the state.

This "apples to apples" comparison reaffirms Shrewsbury's long-standing tradition of educational excellence, which begins in the Early Childhood program and continues through the elementary and middle school

Johns Hopkins University Center for Talented Youth "identifies America's top students in grades two through eight and provides programs, ser-

vices and resources to help them vantaged students. These reports make the most of their special academic abilities. These very bright young people were invited to participate in CTY's talent search because they scored at the 97th percentile or higher on school standardized tests. They then took additional above above-grade-level exams, which yielded further information about the verbal and mathematical reasoning abilities of these bright learners. Congratulations to the following grades 7 and 8 Shrewsbury Middle School Students were recognized for their academic accomplishments at Clark University on Saturday, June 5th:

Raca Banajee, Alexander Chan, Christopher DeFlumeri, Darren Del-Dotto, Anand Desai, Ajay Dhesikan, Jeffrey Dietrich, Paul Grip, Andrew Ineson, Daniel Jones, Kevin Liang, Jeffrey Millar, Vickash Mohanka, Aniryan Mukherjee, Lan Nguyen, Christina Ouellette, Sushmitha Rajeevan, Hannah Rosen, Jason Stolicny, Elizabeth Traynor, Ben Tsuda, Kane Wang, Lauren Wentworth, William Yam.

Special recognition is due grade 8 student Anirvan Mukherjee for her "First Place SAT Mathematic Score."

The JFTK and CTY data represent results that can only be achieved with strong community support for education, excellence in teaching and commitment to parent partnership.

As the Shrewsbury student population continues to grow larger and more diverse, our middle level program efforts in the year ahead will be centered on building on these strengths and working to make improvements based on best middle level practices that will continue to provide effective, learning focused environments at both the Sherwood and Oak Middle Schools in the year ahead.